

Amador County's  
Definition of Recovery:

“Recovery is a process of working toward wellness through the use of strengths. Movement through the recovery process is founded in hope and the belief in the capacity for living a fuller, richer life, which leads to the achievement of personal goals and connection with the community.”

- Anonymous Consumer



KEEP IN TOUCH

Office Hours: Monday  
through Friday  
8 : 00 am to 6 : 00 pm

Address:  
10877 Conductor Blvd., Ste. 300  
Sutter Creek, CA 95685

24 Hour Access Line:  
209.223.6412  
888.310.6555 (toll free)

FAX: 209.223.0920

Suicide Prevention Lifeline:  
800.273.TALK  
800.273.8255  
TTY: 800.799.4889

Websites: [www.co.amador.ca.us](http://www.co.amador.ca.us)  
[www.amador.networkofcare.org](http://www.amador.networkofcare.org)



AMADOR COUNTY  
BEHAVIORAL HEALTH

CONNECT-REACH OUT-INSPIRE HOPE-OFFER HELP

209-223-6412



## ***Client Population***

Behavioral Health currently serves Amador County residents who are:

- Medi-Cal Recipients
- Low Income/No Income
  - No Insurance
- Referred by other County Agencies (i.e. Court, CPS, etc.)
- Crisis services are available to anyone 24 hours a day, 7 days a week. Call anytime (or walk in during office hours).

## ***Specialty Mental Health Services***

Additional mental health services are available after an assessment by a clinician:

- Medication Management
  - Psychiatry Services
  - Therapy Services
- Case Management as Needed
- Wellness & Recovery Programs
- Coordination with Primary Care
  - Intensive Care Coordination
- Intensive Home Based Services
  - Mobile Support Services

Additional services that we will make available based on need include Crisis Residential, Crisis Stabilization and Therapeutic Foster Care.

AMADOR COUNTY BEHAVIORAL HEALTH IS COMMITTED TO THE RECOVERY OF ITS CONSUMERS. ALL SERVICES ARE CLIENT- DRIVEN AND OFFERED WITH DIGNITY, RESPECT, AND CULTURAL SENSITIVITY.

WE HAVE PARTNERED WITH COMMUNITY AGENCIES TO INCREASE ACCESS TO THE FOLLOWING COMMUNITIES:

- NATIVE AMERICAN
  - LGBT
  - LATINO
  - VETERANS

Specialty mental health services are designed to provide high quality accessible groups and programs to Medi-Cal beneficiaries who have serious mental illnesses and/or emotional disturbances.

Substance Use Disorder services provide a healthy community approach to reduce the many harmful effects associated with substance use.

Several of Amador County's Behavioral Health programs are funded by the Mental Health Services Act (MHSA). The purpose of MHSA is to create an innovative and integrated mental health system that promotes wellness, recovery, and resiliency, while decreasing the stigma of accessing services. MHSA programs can be found within the clinic and the community.

## **SUBSTANCE USE DISORDER SERVICES**

THE FOLLOWING TREATMENT SERVICES ARE PROVIDED AFTER AN ASSESSMENT FOR MEDI-CAL RECIPIENTS OR ON A FEE- FOR-SERVICE BASIS:

- TREATMENT & SUPPORT GROUPS
  - INDIVIDUAL COUNSELING
- CO- OCCURRING GROUPS & SUPPORT
- NALOXONE TRAINING AND DISPENSING
- EVIDENCE BASED ADULT OUTPATIENT TREATMENT
- CO- OCCURRING YOUTH TREATMENT

## **Behavioral Health Groups**

Behavioral Health provides a variety of groups to support your recovery process, including the following:

- Substance Use Disorder Treatment
- Perinatal services for pregnant and/or parenting women and AB109.
- Wellness Recovery Action Plan (WRAP) is an evidenced-based practice, used by people who are facing mental health and life challenges.
- Women's PTSD Group Therapy
- Psychoeducation group therapy and support for women.
  - Art Therapy
- Mood Disorder/Depression Support Group
  - LGBT Support Group
  - Youth Therapy Group