

# CITY OF PLYMOUTH

## LIFEGUARD

### DEFINITION

Performs a variety of skilled, semi-skilled, and unskilled activities and program needs, will perform various duties including guarding and protecting patrons during Open Swim and Swim Lessons, and teach basic to advanced swim lessons. Lifeguard will educate and enforce rules and regulations to patrons.

### Distinguishing Characteristics

The **Lifeguard** class is an entry level to journey level position.

### Supervision Received

Works under the general direction of the Head Lifeguard and City Staff.

### Essential Duties

(These duties are a representative sample; position assignments may vary)

- Becomes familiar with pool rules and regulations and enforces them.
- Displays leadership, responsibility, and professionalism during and after work hours.
- Communicates strongly with patrons, students, other Lifeguards, Recreational Aides and staff.
- Follows work procedures and schedules.
- Issues written and oral instructions to students and patrons if needed.
- Prepares accident reports, and swim lesson records and reports.
- Performs a variety of miscellaneous duties such as conducting lessons, collecting fees, helping set up for lessons, events, maintenance duties, etc.
- Provide excellent customer service.
- Communicate clearly and effectively.
- Work in a safe manner, following City safety practices and procedures.
- Responds to public inquiries about aquatics programs.

### QUALIFICATIONS

#### Experience/Education

Sufficient experience and education to successfully perform the duties of a **Lifeguard** in the City of Plymouth. A typical way of obtaining the required qualifications is to possess a lifeguard certificate and CPR certificate and first aid certificate.

**Knowledge of:**

- Aquatic facilities, operations and techniques used in a community aquatics program.
- Skill in First Aid, CPR, and Lifeguarding; rescue and resuscitate drowning persons; rescue and provide first aid to persons affected by life threatening injuries.

**Skill to:**

- Provide excellent customer service.
- Communicate clearly and effectively.
- Take direction from a variety of upper-level staff.
- Work in a safe manner, following City safety practices and procedures.

**Ability to:**

- Ability to establish and maintain effective working relationships with employees, supervisors, other agencies, participants, community leaders, and the general public.
- Ability to communicate effectively orally and in writing.
- Ability to effectively enforce safety rules and regulation in pool and surrounding area to ensure patron safety and prevent accidents.

**Licensing Requirements:**

- Must be at least fifteen (15) years of age
- Lifesaving (Red Cross, YMCA or Ellis), and First Aid CPR/AED for Professional Rescuers, ability to obtain Title 22 First Aid Certifications are required and must be obtained before the start of the aquatics season.
- Satisfactory fingerprint clearance by the Department of Justice.
- Valid work permit if under 18 years of age

**Working Conditions:****ENVIRONMENT:**

Indoor and outdoor work environment with ability to work a flexible work schedule, depending upon program needs, including working evenings, weekends, holidays and shifting assignments as program needs change. The noise level in the work environment can vary, ranging from quiet to loud. Incumbents will work in warm to hot environments with sufficient water, breaks and shade provided.

**PHYSICAL DEMANDS:**

Stand, walk, sit, kneel, stoop, crouch and swim for prolonged periods; reach with hands and arms; talk and hear; use hands to finger, handle, feel or operate objects and tools and operate motorized equipment. Occasionally lift and/or move up to 40 pounds. Specific vision requirements of this job include close vision, distance vision, peripheral vision, and the ability to adjust focus. Incumbents are required to use vision and/ or hearing to identify and evaluate field emergencies, and to respond physically to these emergencies quickly and appropriately.